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How to add more pleasant elements to your life by [Jeannywang](#)

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With the modern society developing so fast, more and more convenient gadgets applied in our daily life or work; those devices not only facilitate our boring and tedious life or work, but also save the modern social costs and improve the production efficiency of most enterprises. Even though the modern technological innovation is so fast, there are also some frustrated and unpleasant matters around us; for example, nowadays more and more people take consideration in fighting for each career's developing, at the same time ignore the attention to care for each physical and mental development. Different pressures from various aspects have to be endured by ourselves. Some body maybe asks that it is really a hard time to have a smoothed life; it is useless to have a better anticipation for our future. But things are really bad for us?

Nowadays, the most vital festival—Christmas is around the Corner, people from all over the world are busy in making good preparing for this noteworthy festival; this is an excellent good opportunity to share with your family members or friends, and you can also take this valuable chance to have a better relaxation for yourselves. There are many tips for you to make your best decision here.

If you want to have a great adjustment for your body and mind and do not want to out, together with your family members and share more happiness time with them is also a better tip for you. If you are a travel enthusiast, it is a good idea to go outside with your family members or friends by your own car and enjoy various charming car entertainment parts and natural sceneries, after that you will have a new experience that it is not always full of obstacles and failures in our daily life. Just like one of most famous iPhone's founder—Steve Jobs, before he went to India, was a cynical hippy; in 1974 perhaps inspired by something, he decided to go to India, bare his feet and wear tattered clothes. This special experience called spiritual pilgrimage by most Job's fans, which continuous reflection, Zen-style meditation force him to have gained a new inspiration. I suppose this is one of the most important cornerstones of his success road.

Sometimes a slight change will bring tremendous profits for our daily life; it is not always work to stick to stereotypes, for example; if you are tired of dreary travel in your car; add or change car video or audio equipment in your cars, the way to your destination will become more and more enjoyable.

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