How to Prepare the Child for First Preschool Experience by Harry Yadav

Article published on December 23rd 2011 | Education

It was the first day of school for the small boy Krish who stood by the farm gate, his eyes pleading with the mother he loved so dearly, as she reluctantly pushed him away towards the village school. The little boy Krish entered the school gate unwillingly and his mother could have noticed the paleness in his face. Krish crossed the wide entrance of the school, the green lawns, the long corridors, the play ground and at last reached his destination, the classroom. As Krish entered the class, everything appeared so new to him that for few minutes he got frozen; it seemed as if he landed up in a place where only aliens live.

It was in fact a land of aliens to Krish as he didnâ€™t know anyone. The little boy somehow brought the courage and sat in a place, but still thousands of questions were playing in his mind. After sometime the teacher entered the class room and all the students greet the teacher by standing up from their seats and conveying morning wishes. As it was his first experience in the school, so Krish was unaware of the class manners. He came across many new things on the first day of his school life. Though this experience was good, next day he was reluctant to go to the school because of the unknown environment.

It was a common consequence that every child goes through in the starting days of the school life. The first experience in the school is very important in the sense that this can positively or in some cases negatively influences the students towards this new life. Preschool is considered to be one of the most important milestones of a personâ€™s life. It is an exciting as well a stressful time both for the parents and the child. The first important thing is to choose a suitable school for your child and the next is to prepare the child to get ready for the new life that the child is going to experience. There are some short tips that can help the parents to prepare their child for the preschool. These are briefly discussed below:-

1 .It is quite natural for the kids to develop some kind of fear or anxiety towards the school life. In such conditions, the parents need to be calm and quiet. Try to make your child understand about the important of schools and the benefits of going to joining there,

2. If your childâ€™s preschool has the provision of a visiting day, go with your child and make them aware of the school environment,

3. If possible, organize a play day when your child can meet other preschoolers to come out of the worry,

4. Make your child acquainted with the basic school manners. This will help the child in developing a healthy relation with peers and the teachers,

5. Start to adjust your childâ€™s sleeping and eating schedules slowly in the weeks leading up to the first day of preschool. This may help smooth the transition and make her more comfortable when school finally starts,

Ages 3 to 5 are the formative years of a childâ€™s life. Exposure to a variety of sensorial and practical materials, art and music enhances motor development, the ability to grasp concepts and problem solving skills. So we should encourage personal and intellectual excellence from a young age.

Article Source:
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Article Keywords:
schools in hyderabad, new green field school saket, mayo school

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