



# Article Side

Manama Tours by [Lek Boonlert](#)

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Manama has plenty for any visitor to see and do; however, it is also possible to take tours from the city to outlying areas to experience a little more of the beauty of the area. Choosing a reputable tour company is important and your Manama hotel staff may be able to advise you on the best one to use or in fact the best trips to take.

## Al Dar Island

Al Dar Island excursions are popular due to the fact that they have some of the most beautiful beaches in the area. Bahrain beaches are well known for being low quality, so for anyone wanting a day at the beach with some amazingly clear blue waters, then this is the trip for them. There is the chance to see dolphins at play, dive for pearls or take part in a variety of water sports.

## The Tree of Life

Standing alone in the middle of the desert, the Tree of Life draws its water from unknown sources, however, the type of tree it is (North American Mesquite) is known for having some of the deepest roots of any other species. Local folklore has it that the Tree of Life marks the spot where the Garden of Eden once was.

## Hawar Islands

Just 40 minutes by boat will bring you to Hawar Islands. The Hawar Islands are a UNESCO World Heritage site due to their spectacular scenery and abundant wildlife. At the resorts of Hawar Islands, you can take part in many water sports activities, enjoy shopping or relax and watch the dolphins and bright pink flamingos.

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