# Gastronomy in Barcelona by Frederick Pollard

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There is nothing as good as good food accompanying major attractions and activities in any tourist destination. This is what you can expect from Barcelona. Apart from offering you some of the best attractions and activities while here, you will find the gastronomy in the city simply amazing. There are recipes and dishes that are a must try while here and you never know what you could find most interesting among them all thereby making your holiday one of the most memorable.

Stews are the major recipes famed in Barcelona. They include La escudella i canr dolla which is stew made using rice, vegetables, potatoes and noodles. The Cocido don judias blanca is also a favorite for many in Barcelona and is made of the typical sausage of the region Butifara, white beans, eggs, bread and pilota which is a beefy preparation. Others that are also worth trying in Barcelona are Botifarra amb monjetes. faves a la catalane as well as arroz a la cazuela. They are all delicious stews worth trying each at a time.

When it comes to fish, Barcelona also has some of the best recipes with the most outstanding being Zarzuela. This dish is similar to Spanish operetta and is made using prawn, mussels and cuttlefish. La Opera is the luxurious version of the dish and it has lobster as an addition to it. The two are popular and will definitely make your experience most interesting in Barcelona.

After taking down your chosen dish, you will then be exposed to several typical desserts. Enjoy your stay here. The most popular include Cream Catalana Mel i mato which is a dessert made of honey and curds. There is also the musician desert Postre del Musico composed of raisins and pine kernels.

The wines cannot be forgotten in the gastronomy edition and you will find those from Catalonia to be very interesting. The red wines found in Barcelona are from Tarragona, Priorat, Allella and Peralda while the whites are from Penedes. You can also never miss out on the sparkling wine Cava which is a great choice with any dish.

Barcelona, just like many other cities and regions in Spain, never disappoints when it comes to food. You will have a great variety to choose from and you will never miss to find a dish that you like most and can enjoy throughout your stay in the beautiful Spanish city.

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