Fun at EL Puerto de Santa Maria

by Frederick Pollard

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El Puerto de Santa Maria is situated at Cadiz Bay spot on at Guadalete River. This spot is a popular holiday choice for tourists who want the sun, fun and sand. But beaches are not only the only great offerings at El Puerto de Santa Maria; there are tantalizing gastronomy delights and local fine wines that are bound to satisfy.

Beaches

Any sun lover and beach lover would love the miles and miles of sandy beaches at El Puerto de Santa Maria. One can walk on the soft sand or boardwalks that link up to bars and restaurants. The fine and golden sand with crystal clear waters is very impressive to all tourists; together with the strong winds, tourists can have a whale of a time windsurfing and scuba diving.

There are many renowned beaches in this district; one can take time to check out all of them. The Vista Hermosa Beach or locally known as Playa del Buzo faces the Atlantic Ocean and Cadiz city. This beach offers consistent waves that are suitable for windsurfing. It is cooler than other beaches on the Bay.

The La Puntilla beach has a bank protection which makes the waters calm and safe for swimming especially for children.

The Levante beach lies in isolation away from urbanized Cadiz. Its secluded location at the Natural Park offers cool green landscapes with strong breezes.

The Fuentebravia Beach has a high occupancy in the summer with crowds of people flocking here for scuba diving and fishing.

The Valdelagrana beach is one of the most visited beaches especially in the summer as it offers many summer holiday attractions.

The beaches of La Muralla and La Calita are divided by the Santa Catalina Castle ruins. These beaches are clean, well maintained and exciting. The cliffs in the water make the place ideal for scuba diving and spear fishing.Â

History

There is a legend to El Puerto de Santa Maria; it is purported founded by king Menestheus who was involved in the Trojan War. There are numerous palaces and monuments dating back to the 17th century and 18th century.

Some ancient monuments worthy of mention include theÂ San Marcos Castle which was a mosque that was rebuilt as a fortified church. There are some churches, an ex-fish market, a bullring, andÂ many Paleolithic archaeological findings.

There are many discovered remains of Spainâ€™s oldest Phoenician city in this region. No tourist would be bored with the diverse offerings in Santa Maria.

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