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Video Game Addiction and Its Solution by [Parker Crumbaker](#)

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This is the age of science and it is revolutionizing every day, offering people with more and more sophistication and level of comfort. Every spec from communication to telecommunication, television entertainment to video game is spiraling towards the breathtaking advancement and resolutions. Everyone from teens to adults is heavily involved in some or other type of entertainment and enjoying their daily lives. However, the one that attracts maximum number of people are video games. In fact, video games are supposed to be the hot favorite of every child. Kids as well as adults love spend their spare time in enjoying superior and complex looking video games.

In fact, video games are supposed to be the best entertainment aspects, which not only develops sharpness but also carves a character that can easily resolve any intricate real life problem. Video games also develop an attitude of solving problems that can hinder daily lives. Most of the people have reported an immense development of inner sense and logic in their children after playing video games and solving puzzles online. But, the real problem arises when this regular enjoyment turns into obsession and leaves mental trauma and seizure on diurnal activities. It has also been reported that most of the children caught in the daily activities of video gaming and lost complete control on their minds and other sensitive activities.

Even the internet addiction and video game addiction perverts the normal life and turns it into near hell. Children tend to acquire the attitude of verbal assault, physical and visceral level violence and even try to harm others. This kind of attitude and way of living is highly-injurious and can wreck havoc at any point of time. In fact, on banning such activities, the person tries to oppose and some times respond in a hyper-violent manner. This is simply known as severe video game addiction.

Besides, being violent on small topics, people also try to harm others in order to show their dominance. Today, most of the video games are mission-critical and involves full fledged destruction, gun based violence, extra use of weapons and foul language, which can harm the tender hearts, minds and souls of the children and push them towards visceral violence. This is supposed to be the horrific condition and should be dealt with immediate effect.

There are many online and offline initiatives that can help to control the behavior in children and adults for men and women. However, you must take holistic help and professional advice and get the best video game addiction treatment available. In fact, online addiction curriculums are highly helpful for the people struggling with the problem of video game addiction.

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[Parker Crumbaker](#) - About Author:

The author is associated with Battle Horse Freedom. The goal of Battle Horse Freedom is to enable men and women to conquer video game issues like video game addiction and regain control of their lives. The primary objective of the Battle Horse project is to enable a speedy and effective recovery for men and women dealing with a [video game addiction](#) in the most confidential and professional manner possible.

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