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Personal Support Worker Program Gets You into the Field Quickly by [Jason](#)

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Do you have an interest in assisting individuals to lead active and fulfilled lives? Do you want to attend a college program that will take less than two years to complete? Have you completed at minimum an Ontario Secondary School Diploma (OSSD) or equivalent or be 19 years of age or older? In addition, have you finished the compulsory English 12C or U credit or skills assessment, or equivalent and can prove English proficiency? If you answered 'yes' to all of these questions then Centennial College's one-year Personal Support Worker program may be for you.

This offering emphasizes the full range of home and health-related services required by a variety of clients. As such, graduates of the Personal Support Worker program are able to work with clients who include elderly, clients with disabilities, chronic illnesses, cognitive impairment and also clients recovering from acute illnesses. The Personal Support Work program grads work with these people in their homes, residential facilities or long-term care institutions and community support agencies, assisting with activities of daily living, under the supervision of professionals and according to a care plan. More specifically, they act within the personal support worker role, under supervision, and by following care/service plans and established policies and procedures; participate as a member of the care service teams in both community and institutional settings; collaborate and report observations to appropriate health care team members in an ongoing, timely manner and document this information promptly; support the client's personal and home management care requirements and preferences by following care service plans and established policies and procedures; demonstrate effective oral, written and nonverbal communication techniques; and assist in the promotion and maintenance of a safe and caring environment for clients, their families, self and others.

How exactly does the Personal Support Worker program work? First and foremost, it should be noted that the intensely-paced undertaking is led by an experienced group of faculty members. These instructors guide students through Personal Support Worker courses such as Anatomy, Foundations of Personal Support, Developmental Stages & Alterations in Health, Personal Support Communication, Foundations of Mental Health, Supporting Clients in Palliative Care and more.

However, students spend more than half of the total program hours in a field placement working with teams in long-term care institutions, the community and at in-home settings. This field placement allows them to apply what they have learned in-school, network and absorb knowledge from practicing professionals.

Upon graduation, Personal Support Worker program graduates work under the direction of a Registered Nurse or Registered Practical Nurse and may work in a health care facility and home care. According to Ontario Network for Internationally Trained Professionals, in the course of remaking the health care system in Canada, Personal Support Workers are reported to be in growing demand.

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Klaudia takes on this article about the a titlepersonal support worker program [personal support](#)

[worker program](#) at Centennial. She notes that more than half of the program hours are spent in the field.

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