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There have been many studies done by reputed firms that show that as many as one- third of employees consider changing their job. It goes to show that quite many of us find it difficult to derive the levels of fulfillment from their job that they expect.

Having contentment from one's job is significant, not only because it pumps up the rate of the work but is also responsible the value of life. This all happens because we spend major part of our day at our workplace. And when our work life suffers, our personal life follows suit.

Different people have different jobs, but there are certain common elements which tell you the degree of job satisfaction an employee derives.

1. Pester Me Not:

A doctor has many tough works in a day. It could be performing a complicated operation, or informing a patient how little they've got to live. Well, if you ask them, it's the whole management that gives them the creeps.

We might not give everyday annoyances their due, thinking about that elusive big shot opportunity on the horizon. But the actual pleasure that one derives from one's job stems from how they manage their everyday activities. But when these hassles become a routine, then the levels of satisfaction from the job hits the floor.

This kind of element is relatively easier to harness to increase job satisfaction levels. So a manager should factor in these aspects and try to minimize them.

2. Fair salary to all:

If you have a notion that your work is not equal to pay, your satisfaction will suffer. The larger is the difference, lesser is the satisfaction.

The operating factor here is the observation. If you observe that others who do the same job as you and also get comparable pay, you will be more satisfied.

3. Achievement:

If, while working in your job, you accomplish something, you are bound to achieve greater level of satisfaction. Certain kinds of jobs entail noticeable accomplishments, and some others do not. It gives you an idea as to what you are directly putting in the company.

4. Pointers: One should constantly get a concept of whether he is doing a fine job or not. Negative criticism might depress you a bit, but it shows the chinks in your armor if you see the criticism in its correct light. And if the feedback is positive, it's all the more better.

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