The fun of Paintballing by Mary Porter

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If youâ€™re looking at ideas for kids parties then paintballing is a great activity, especially for older teenage children. Paintballing is great for all ages and offers players the chance to have an action packed, adrenaline fuelled fun day out with friends, family or colleagues. There are paintballing centres all over the UK so no matter where you live you should easily be able to find paintballing centres close by. Most paintballing companies will have a minimum age for kids parties and this is usually around eleven years old. Children younger than this may struggle to handle the paintballing equipment and younger children may also be frightened by the paintballing experience as the paint balls can hurt when they hit you.

Not only is paintballing popular for kids parties it is also popular with groups of stag and hen parties, adult birthday parties and for corporate team building events. Paintballing is a great team building activity as it requires lots of team work, co-operation and communication skills and will force your staff to work together effectively and get to know one another better outside of the working environment. If you want to book paintballing for kids parties or any other special event then the paintballing company may also have a function room and be able to organise food and drinks for your event.

Most paintballing companies will offer a number of packages to suit various budgets and for different lengths of playing time. Sessions tend to be half or full day. A typical paintballing session will include around 400 paintballs, a combat chest protector, a semi automatic paintballing gun, a full protective face mask, a camouflage boiler suit, rhino battle pack and an unlimited gas supply. Paintballing can be done inside or outside and different companies will have indoor and outdoor venues. Outdoor paintballing tends to be done in large spaces such as woodland where there are plenty of obstacles and hiding places. Indoor paintballing companies tend to operate in large industrial units and will have a number of different courses to play in. Many paintballing companies will hold sessions dedicated to kids parties during school holidays and at weekends.

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